# **Resources for Addressing Racism**

Note: Items with bullets are taken from <u>https://medium.com/wake-up-call/a-detailed-list-of-anti-racism-resources-a34b259a3eea</u>

## Suggested Books and Articles:

The 1619 Project

https://www.nytimes.com/interactive/2019/08/14/magazine/1619-america-slavery.html

The Water Dancer: about the grief inherent in American slavery and the idealism of the abolitionist movement.

https://www.penguinrandomhouse.com/books/550171/the-water-dancer-by-ta-nehisi-coates/

The Kinsey African American Art & History Collection: Shared Treasures of Bernard and Shirley Kinsey – Where Art and History Intersect, now in its 5th edition is a 238-page must read, that tells the story of the African American experience from 1632-present through original art, artifacts, and historical documents. One of the few published works that includes many overlooked and often untold stories of African American achievement and contribution. The book includes works of art by important African American artists such as Romare Bearden, Elizabeth Catlett, Sam Gilliam, Artis Lane, William H. Johnson and Henry O. Tanner; as well as historical documents from the seventeenth century and artifacts by Frederick Douglass, Phyllis Wheatley, Dr. Martin Luther King Jr., Alain Locke, Malcolm X and many

others.http://www.thekinseycollection.com/about-the-kinsey-collection-book/

Document created by: Anna Stamborski; Nikki Zimmerman; Bailie Gregory- scaffolding of anti-racism resources

https://docs.google.com/document/d/1PrAq4iBNb4nVIcTsLcNIW8zjaQXBLkWayL8EaPI h0bc/preview?fbclid=IwAR2ubFYPtnT2PkaCL63smns0MKeqU0GTAffojdWB9Jp2NpQiK sl0h4wp9mc&pru=AAABcqprfxA\*fn6FhuBAT5krkoX27nCBIA

Multiple scholarly books by author: Dr. Tyrone HowardLiterature on race & culture in schools, multicultural teacher education, and culturally relevant pedagogy <a href="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar?hl=en&as\_sdt=0%2C5&q=tyrone+howard&btnG="https://scholar.google.com/scholar

How Adults Can Support the Mental Health of Black Children

Article:

https://greatergood.berkeley.edu/article/item/how\_adults\_can\_support\_mental\_he alth\_black\_children?utm\_source=Greater+Good+Science+Center&utm\_campaign =ce02e8c890-EMAIL\_CAMPAIGN\_GG\_Newsletter\_June\_9\_2020\_COPY\_01&utm\_ medium=email&utm\_term=0\_5ae73e326e-ce02e8c890-74656307

- "The Death of George Floyd, In Context," by Jelani Cobb of *The New Yorker*
- "Of Course There Are Protests. The State Is Failing Black People," by Keeanga-Yamahtta Taylor for the *New York Times*
- "This Is How Loved Ones Want Us To Remember George Floyd," by Alisha Ebrahimji for CNN.
- The New York Times Magazine's award-winning The 1619 Project is as important as ever. Take some time to read (or re-read) the entire thing, particularly this essay by Nikole Hannah-Jones
- "You shouldn't need a Harvard degree to survive birdwatching while black," by Samuel Getachew, a 17-year-old and the 2019 Oakland youth poet laureate, for the *Washington Post*
- "It's exhausting. How many hashtags will it take for all of America to see Black people as more than their skin color?" by Rita Omokha for *Elle*
- "The Case for Reparations," by Ta-Nehisi Coates for *The Atlantic*
- "How to Make This Moment the Turning Point for Real Change," by Barack Obama in Medium
- "Black Male Writers For Our Time," by Ayana Mathis in *New York Times, T*
- "I Was The Mayor Of Minneapolis And I Know Our Cops Have A Problem," by R.T. Rybak
- "Don't understand the protests? What you're seeing is people pushed to the edge," by Kareem Abdul-Jabbar in *Los Angeles Times*
- "I'm Black. My Mom is White. This Is The Talk We Had To Have About George Floyd's Killing," by Kimberly J. Miller for the *Huffington Post*
- A project from Harvard University about implicit bias
- "The Law Isn't Neutral," by Boston University School of Law dean Angela Onwuachi-Willig in *Slate*
- Mitch Landrieu's Speech on the Removal of Confederate Monuments in New Orleans

Books:

• The Warmth of Other Suns: The Epic Story of America's Great Migration by Isabel Wilkerson

- A Spectacular Secret: Lynching in American Life and Literature by Jacqueline Goldsby
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
- So You Want to Talk About Race by Ijeoma Oluo
- Born a Crime: Stories from a South African Childhood by Trevor Noah
- How To Be An Antiracist by Ibram X. Kendi
- White Fragility by Robin DiAngelo
- *Biased* by Dr. Jennifer Eberhardt
- Wilmington's Lie: The Murderous Coup of 1898 and the Rise of White Supremacy by David Zucchino
- Raising White Kids: Bringing Up Children In A Racially Unjust America by Jennifer Harvey
- Waking Up White by Debby Irving
- Citizen: An American Lyric by Claudia Rankine
- Brutal Imagination by Cornelius Eady
- Race Against Time: A Reporter Reopens The Unsolved Murder Cases of the Civil Rights Era by Jerry Mitchell
- They Were Her Property by Stephanie E. Jones-Rogers
- *I'm Still Here: Black Dignity in a World Made for Whiteness* by Austin Channing Brown
- Me and White Supremacy by Layla F. Saad
- Between the World and Me by Ta-Nehisi Coates
- The Underground Railroad by Colson Whitehead
- The Nickel Boys by Colson Whitehead
- The Bluest Eye by Toni Morrison
- The Fire Next Time by James Baldwin
- My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies by Resmaa Menakem
- Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do by Claude M. Steele
- An American Marriage by Tayari Jones
- The Color of Law by Richard Rothstein
- Uprooting Racism by Paul Kivel
- *Diversity, Inc.: The Failed Promise of a Billion-Dollar Business* by Pamela Newkirk
- The Little Book of Race and Restorative Justice by Fania Davis
- Black Food Geographies by Ashanté M. Reese
- Race for Profit by Keeanga-Yamahtta Taylor
- The Hidden Cost of Being African American: How Wealth Perpetuates Inequality by Thomas M. Shapiro
- The Color of Money: Black Banks and the Racial Wealth Gap by Mehrsa Baradaran
- Stamped From the Beginning by Ibram X. Kendi

- *The Strange Career of Jim Crow* by C. Vann Woodward (Martin Luther King Jr. called this "the historical bible of the Civil Rights movement.)
- Nobody: Casualties of America's War on the Vulnerable, from Ferguson to Flint and Beyond by Marc Lamont Hill
- The Autobiography of Malcolm X: As Told to Alex Haley
- Warriors Don't Cry by Melba Pattillo Beals
- Stony the Road: Reconstruction, White Supremacy, and the Rise of Jim Crow by Henry Louis Gates Jr.
- Homegoing by Yaa Gyasi
- The Yellow House by Sarah M. Broom
- The Sweeter the Juice: A Family Memoir in Black and White by Shirlee Taylor Haizlip
- When Affirmative Action Was White by Ira Katznelson
- Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present by Harriet A. Washington

## Films/TV:

- The Hate U Give, a film based on the YA novel offering an intimate portrait of race in America
- *Just Mercy*, a film based on civil rights lawyer Bryan Stevenson's work on death row in Alabama
- The 1965 debate between James Baldwin and William F. Buckley
- My hour on the history of Confederate statues in Nat Geo's *America Inside Out*
- Becoming, a Netflix documentary following Michelle Obama on her book tour
- Let It Fall, a documentary looking at racial tensions in Los Angeles and the 1992 riots over LAPD officers' brutal assault on Rodney King
- When They See Us, a Netflix miniseries from Ava DuVernay about the Central Park Five
- *13th*, a Netflix documentary exposing racial inequality within the criminal justice system
- *I Am Not Your Negro*, a documentary envisioning the book James Baldwin was never able to finish
- Selma, a film that chronicles the marches of the Civil Rights Movement
- *Whose Streets?,* a documentary about the uprising in Ferguson
- *Fruitvale Station*, a film with Michael B. Jordan about the killing of Oscar Grant
- *American Son*, a film with Kerry Washington about an estranged interracial couple waiting for their missing son
- The Central Park Five, a documentary from Ken Burns
- A Class Divided, a Frontline documentary

Pushout: The Criminalization of Black Girls (film)

https://www.pbs.org/video/pushout-the-criminalization-of-black-girls-in-school-ea xs3g/

https://youtu.be/UwleUaqwY88

#### Podcasts:

1619 Episode 1

https://podcasts.google.com/feed/aHR0cHM6Ly9yc3MuYXJ0MTkuY29tLzE2MTk/episode/ Z2lkOi8vYXJ0MTktZXBpc29kZS1sb2NhdG9yL1YwL1lya1FRQ0gycndNTDg3Zll4a2lsOXlhU EVIYVRLYTIzbmZac2M2aDk1TUE?hI=en&ved=2ahUKEwiQ8uO4rY\_qAhUCeawKHQGMCi MQjrkEegQIDRAE&ep=6

My podcast episode with Jamie Foxx, Michael B. Jordan, and Bryan Stevenson about *Just Mercy* 

*Still Processing*, a *New York Times* culture podcast with Jenna Wortham and Wesley Morrison

Seeing White, a Scene on the Radio podcast

**Code Switch**, an NPR podcast tackling race from all angles

*Jemele Hill is Unbothered*, a podcast with award-winning journalist Jemele Hill

*Hear To Slay*, "the black feminist podcast of your dreams," with Roxane Gay and Tressie McMillan Cottom

*Pod Save The People*, organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with analysis from fellow activists Brittany Packnett, Sam Sinyangwe, and writer Dr. Clint Smith III

The Appeal, a podcast on criminal justice reform hosted by Adam Johnson

*Justice In America*, a podcast by Josie Duffy Rice and Clint Smith on criminal justice reform

Brené Brown with Ibram X. Kendi, a podcast episode on antiracism

Brene Brown with Austin Channing Brown, a podcast episode on the author's book, *I'm Still Here: Black Dignity in a World Made for Whiteness* 

*Come Through*, a WNYC podcast with Rebecca Carroll

*The Kinswomen*, conversations on race, racism, and allyship between women, hosted by Hannah Pechter and Yseult Polfliet

<u>Ten Percent Happier</u> podcast with Dan Harris, several relevant interview episodes including:

- Why We're All Suffering from Racial Trauma with Resmaa Menakem,
- How You Can Help Transform America's Racial Trauma with Dr. Larry Ward
- An Uncomfortable but Meaningful Conversation about Race with <u>Lama Rod</u> <u>Owens</u>
- White People, Drop the Shame and Get Curious with <u>Shelly Graf</u>

### **Questions/Activities:**

https://madison365.com/100-questions-for-white-people-on-juneteenth/

#### Websites:

Black Mental Health Matters:Contains resources for therapists and hotlines for Black folks

https://blackmentalhealthmatters.carrd.co/

Gender Spectrum <u>http://genderspectrum.org/</u> Tons of resources related to gender and race

Call to Action from the White Antiracist Committee (WARC) of the California Faculty Association: thorough list of action steps, resources, and guideleines regarding doing anti-racist work <u>https://www.calfac.org/sites/main/files/warc\_call\_to\_action\_-\_final.pdf</u> CARRD site built by a youth Tons of resources to educate oneself on anti-racism https://blacklivesmatters.carrd.co/#educate

Justice in June: Autum Gupta and Bryanna Wallace put together this resource that is a daily guide to becoming a better anti-racist ally

https://docs.google.com/document/d/1H-Vxs6jEUByXyIMS2BjGH1kQ7mEuZnHpPSs1B paqmw0/mobilebasic?urp=gmail\_link

Teaching Tolerance <u>https://www.tolerance.org/</u>

Resources to Support Anti-Racist Learning https://ggie.berkeley.edu/school-challenges/anti-racist-resources-for-educators/?\_ga=2.3 5372196.407952303.1591671111-150531240.1591671109#tab\_\_2

National Association of Black Social Workers Publications and work to support black social workers https://www.nabsw.org/

American Civil Liberties Union <a href="https://www.aclu.org/">https://www.aclu.org/</a>

California Association of Black Social Workers Association that hosts professional development and the mission is "To Promote Positive Family Preservation Within the African American Community in the Areas of Education, Housing, Social Justice, and Health Care." http://www.cabsw.org/

Smithsonian African American MuseumThere are links for educators working with youth and professional development https://www.si.edu/unit/african-american-museum

Detailed List of Anti-Racism Resources being updated regularly <u>https://medium.com/wake-up-call/a-detailed-list-of-anti-racism-resources-a34b259a3eea</u>